

Let's Talk About Sex

Diana Groener, LPC

BISC-MI 2021

1

shame

fear

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4

reporting issues

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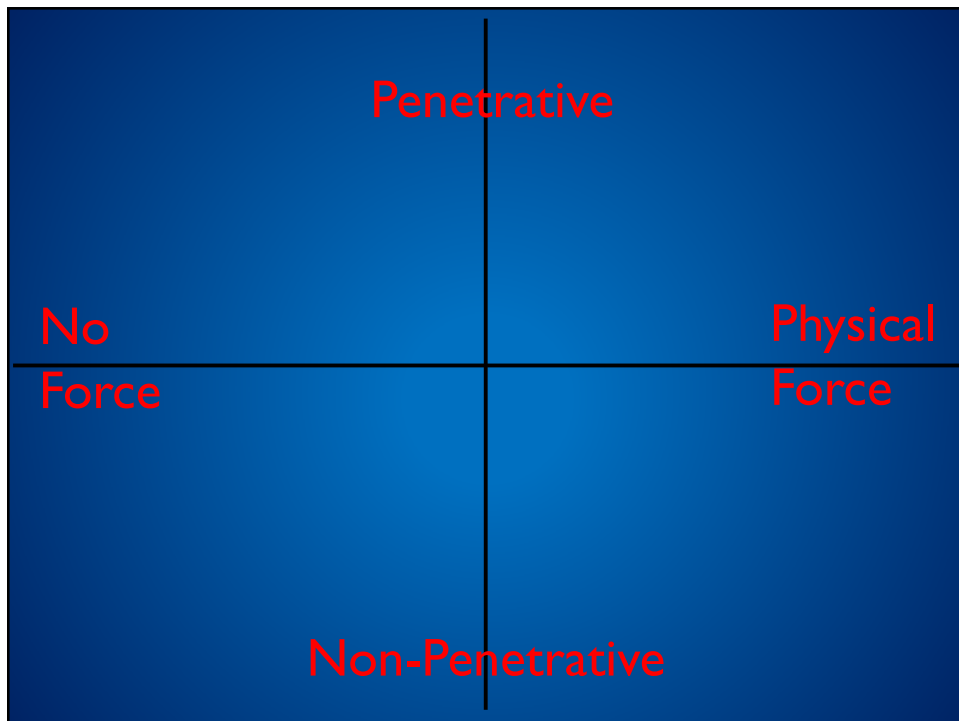
IPV = Intimate Partner
Violence

IPSV = Intimate Partner
Sexual Violence

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What is sexual abuse?

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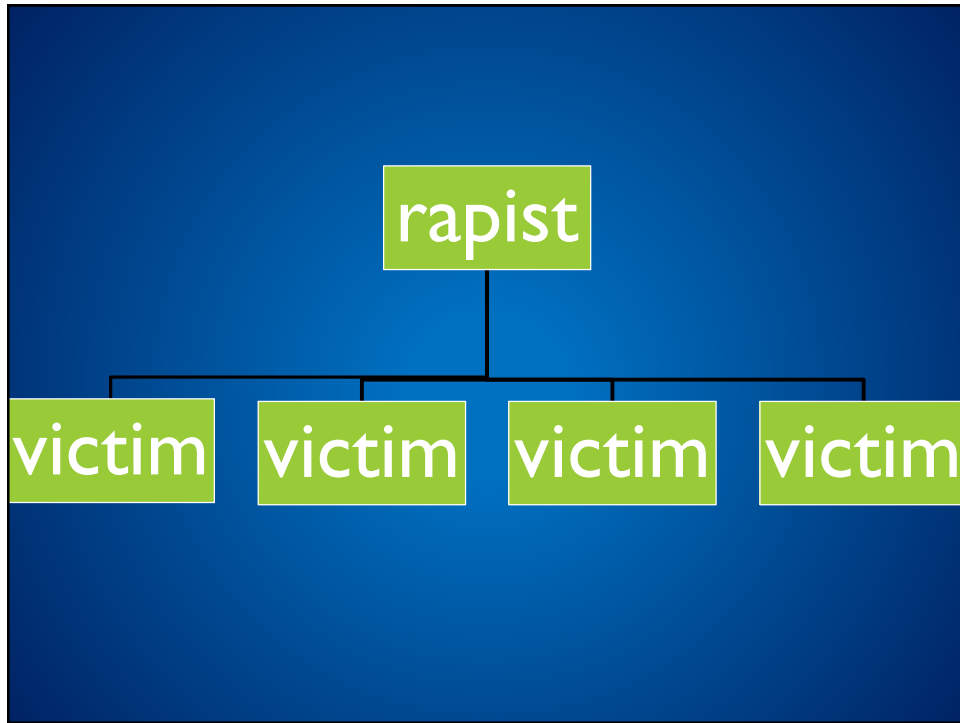
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| | | | |
|---------------------|-----------------|------------------------|---------------------------|
| | | Penetrative | |
| No Force | Sexual coercion | Sexual assault | Physical Force |
| | Sexual abuse | Forced sexual activity | |
| | | Non-Penetrative | |

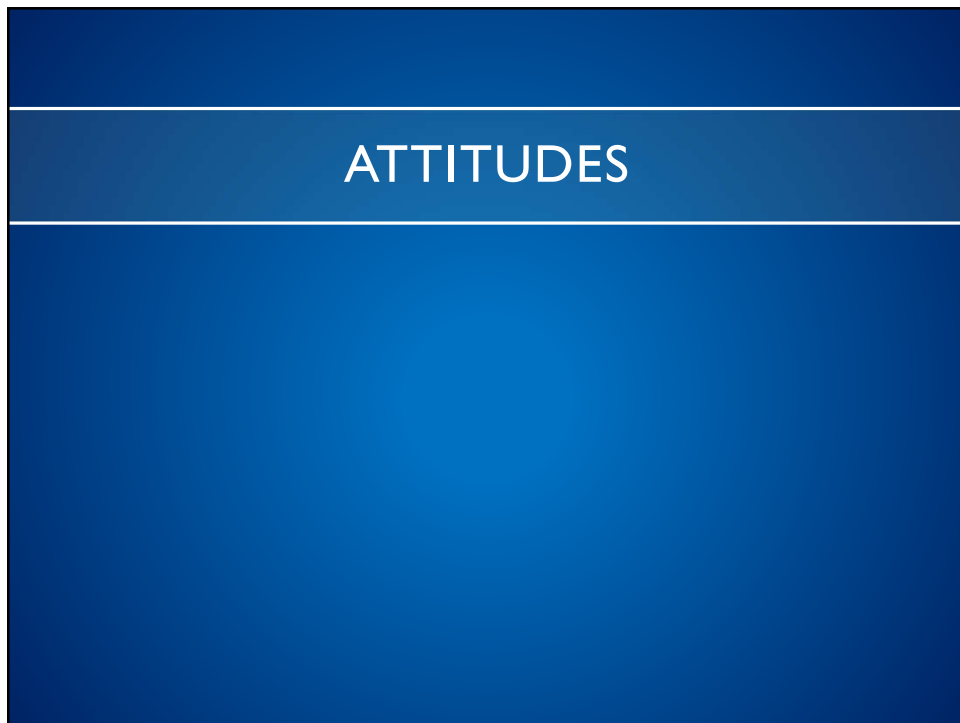
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| |
|---|
| PREVALANCY |
| <ul style="list-style-type: none"> • 1 out of 3 survivors experienced sexual assault • 1 out of 4 experienced sexual coercion |

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PRINCIPLES OF EFFECTIVE INTERVENTION (PEI)

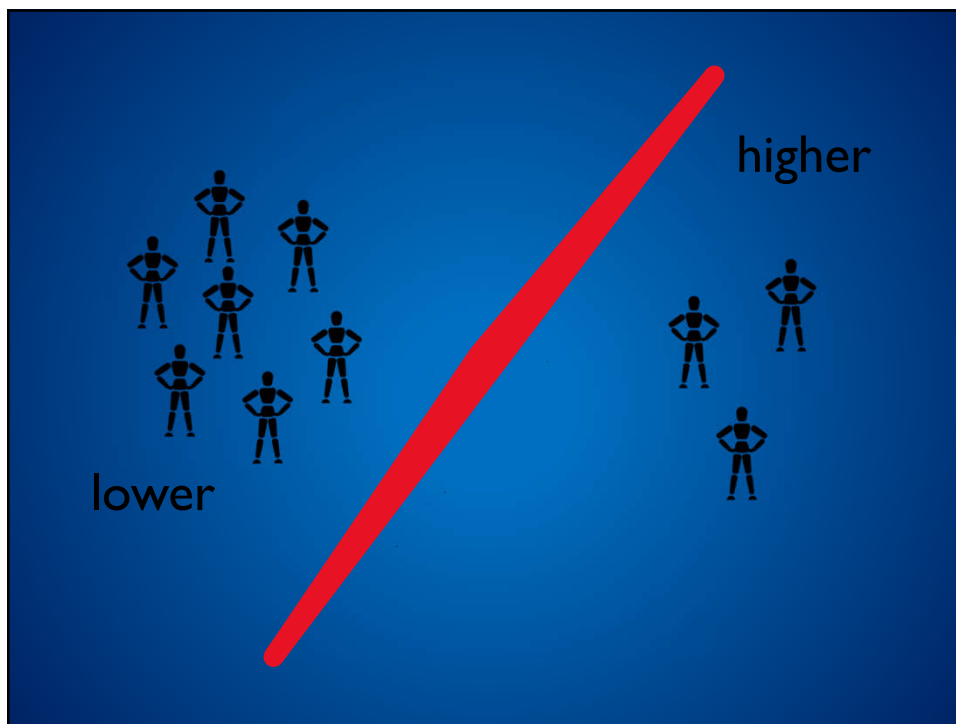
It's what works

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R*N*R

- Risk (who)
- Need (what)
- Responsivity (how)

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CENTRAL EIGHT

| | |
|------------------------|--------------------|
| Criminal History | Family/Marital |
| Procriminal Attitudes | School/Work |
| Procriminal Associates | Substance Abuse |
| Antisocial Personality | Leisure/Recreation |

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RESPONSIVITY

- Cognitive Behavioral Therapy
- Modified to address client characteristics

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TRAUMA INFORMED CARE

**1 out of 4 boys are
sexually abused
before age 18**

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INTAKE

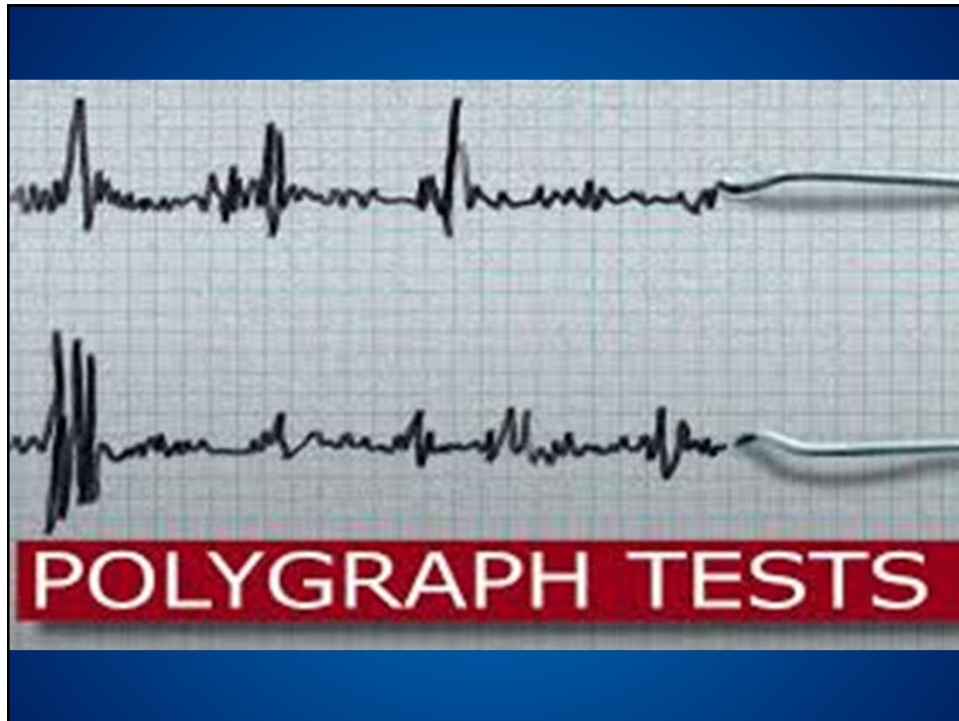
- Preferred pronouns
- Interview questions
- Collateral data
- Screening tools

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INTAKE QUESTIONS

- Screening questions
- Past history, current problems, attitudes and behavior
- Look for magnitude of problem, impact

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ASSESSMENT TOOLS

- Hypersexual Behavior Inventory – short form (HBI)
- Psychological Maltreatment of Women Inventory (PMWI – M)

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ASSESSMENT TOOLS

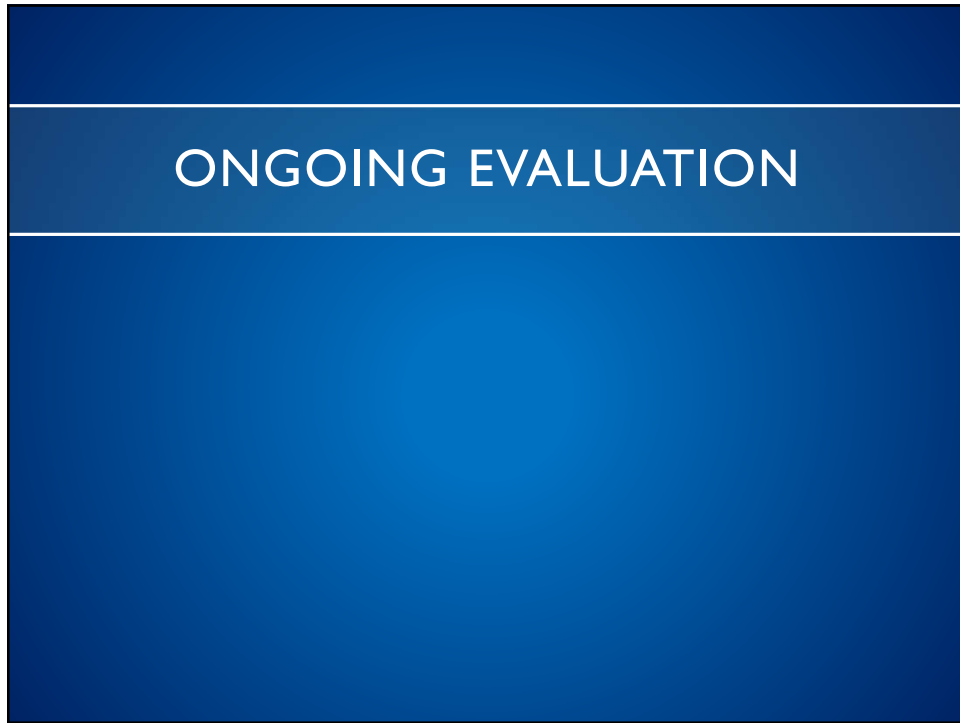
- Hypersexual Behavior Inventory – short form
- Hypersexual Disorder not in DSM5, but HBI still helpful

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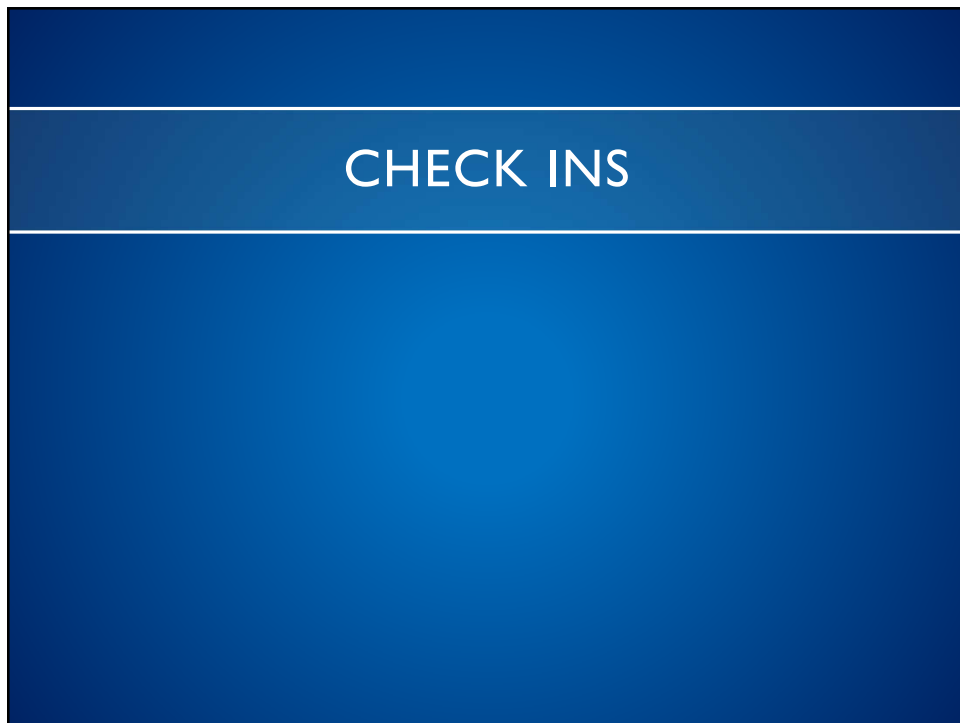
ASSESSMENT TOOLS

- Psychological Maltreatment of Women Inventory
- (PMWI – M)

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ALL IPV PROGRAMS

- Assess sexual issues
- Include sex in check ins
- Include sex in other topics
- Add sex to curriculum

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MAN BOX

Jackson Katz, Tony Porter

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ENTITLEMENT

- Not entitled to sex
- Not entitled to partner's body

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CONSENT

- Intersectionality, deservingness
- Arousal non-concordance
- Orgasm gap

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Freely given
Reversible
Informed
Enthusiastic
Specific

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CONTROLLING BEHAVIORS

- Actions taken to impose your will on others

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CONTROLLING BEHAVIORS

- Actions taken to impose your will on others
- Badgering, nagging, pressuring, guilt trips, lying, withholding information, making false promises, etc.

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JEALOUSY

fear/insecurity
+
controlling behaviors

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SEDUCTION VS COERCION

- Seducing: to tempt, entice, persuade the other
- Coercing: gaining compliance through force or intimidation

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REJECTION - DATING

- Keep perspective
- Challenge assumptions
- Normalize it

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REJECTION - SEX

- Focus on the behavior
- Normalize discussion

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BASIC SEX ED

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“MAKE UP SEX”

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To go from that level of fighting where he had his his hands around my throat, to him kissing me and having sex with me; that was completely foreign to me.... To me that's not making love. Or that he would feel hate for me one moment but try to show love the next.

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MOVING BACK HOME

Talk to them about their expectations **BEFORE** they move home

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DATING/CASUAL SEX

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PORN

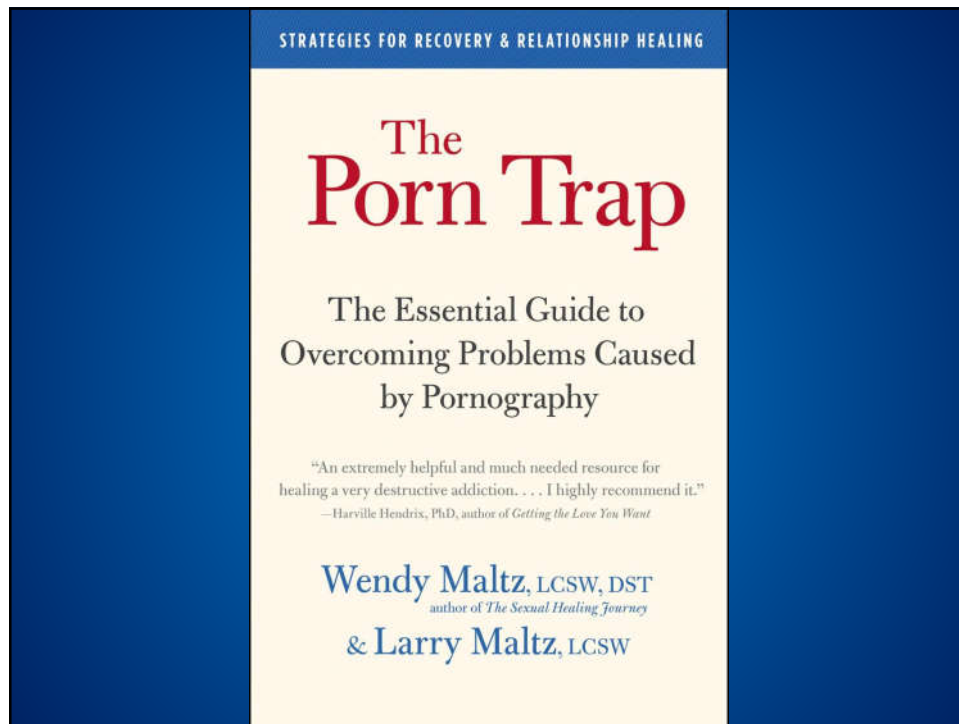
No research shows porn use
CAUSES sexual violence

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PORN LITERACY

- Porn is an exaggeration,
not representation
- Porn use can affect you
- Porn influences "normal"

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BARRIERS TO HER ENJOYING SEX

- Physical abuse
- Emotional abuse
- Financial abuse
- Psychological abuse
- Collateral abuse

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BARRIERS TO HER ENJOYING SEX

She needs you to be relational!

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- Where is her energy going?
- Relieve her of responsibility
- NOT transactional

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- Do you have children?
- Does she get to feel like a woman and not 'mom'?
- Is she 'touched out'?

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Importance of non-sexual affection, date nights

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FIVE LOVE LANGUAGES

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HER BARRIERS TO ENJOYING SEX

- Orgasm gap issues

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TREATMENT NEEDS?

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SEX ADDICTION GROUPS

- SA – Sexaholics Anonymous
- SAA – Sex Addicts Anonymous

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CONSULT WITH OTHERS

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- Domestic violence
- Sexual Offense
- Gang activity
- Assaults

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Domestic violence

Sexual Offense

Gang activity

Assaults

Criminally-oriented, antisocial personality, psychopathic

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CLINICIANS' GUIDE

LATTICES

An Integrated Treatment Approach
for High-Risk Forensic Clients

Jane Ward, PhD &
Diana Groener, MA

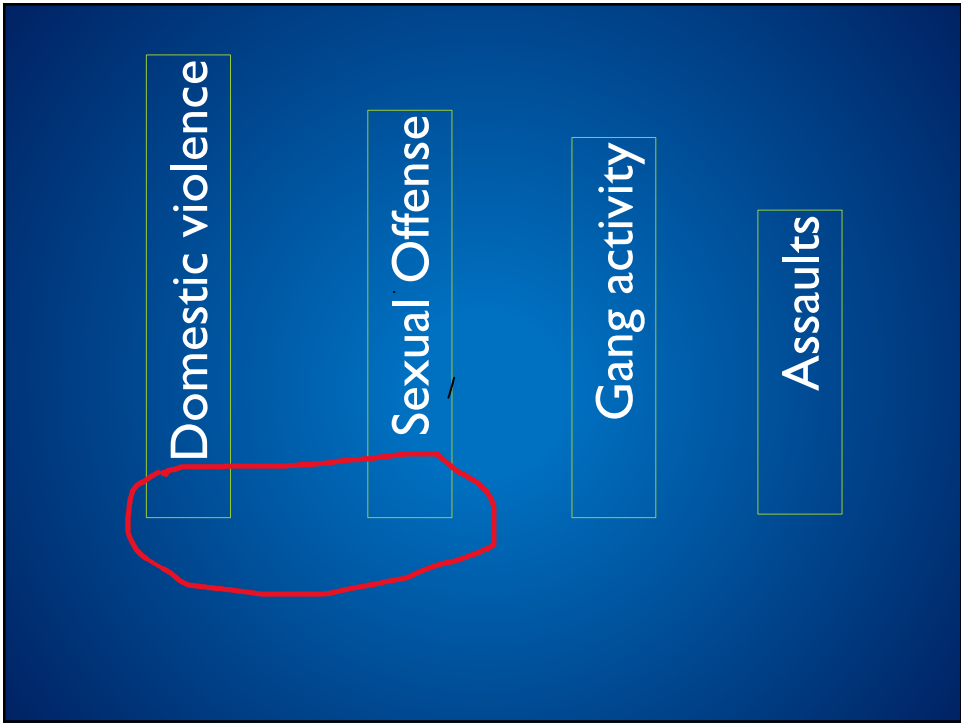
CRC PRESS

Criminally-oriented, antisocial personality, psychopathic

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Long-term Lifestyle
Act Accountably
Think about Thinking
Take Time
Integrity Inside
Consider the Consequences
Effort for Excellence
See the Situation

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PATTERNS OF:

- significant amounts of unwanted touching, etc.
- extensive threats or pressure about sex
- signs of sexual jealousy
- viewing women as sexual objects
- a preoccupation with sex

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IPSV SPECIALTY GROUP

- CBT exercises/journals about sexual behaviors, thoughts, and beliefs

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IPSV SPECIALTY GROUP

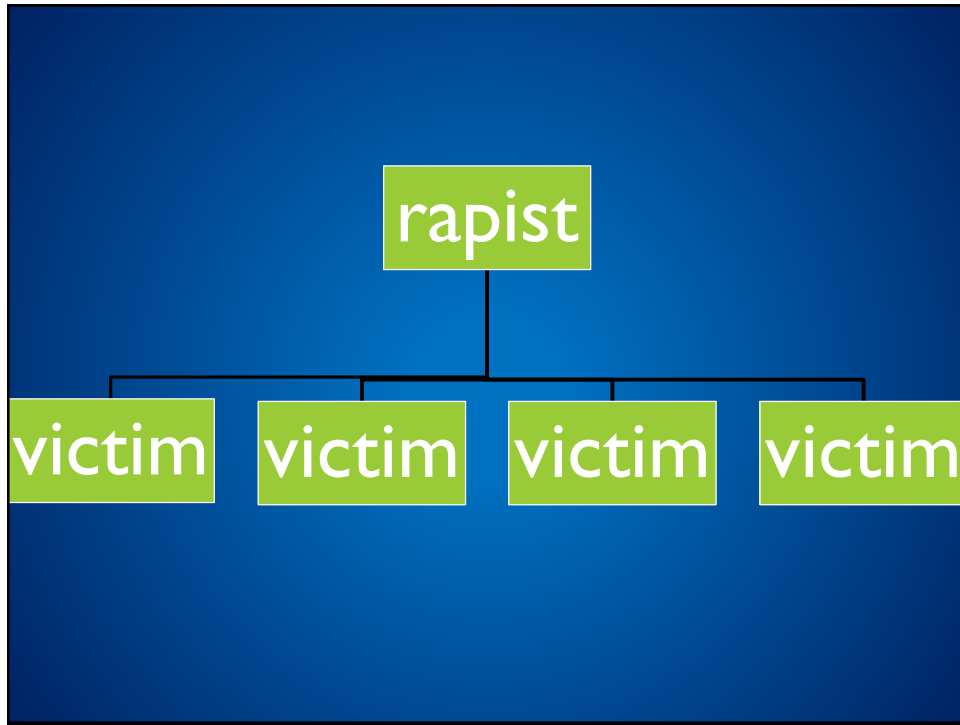
- Greater focus on gender socialization, impacts on sex
- Masturbation reinforces pathways
- More porn literacy
- Consent & boundaries discussed
- Focus on mutuality & pleasure

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SIGNS THEY NEED LATTICES ANYWAY

- Abuse outside of relationships
- Psychopathic on assessments
- Pimping/sex trafficking

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