

5 Things to Say to an Adult Victim of Domestic Violence

1. I'm afraid for your safety.
2. I'm afraid for the safety of your children.
3. It will only get worse if nothing changes.
4. I am here for you when you're ready for change.
5. You don't deserve to be abused.

5 Things to Say to a Person Using Violence

1. I'm afraid you'll really hurt her or kill her next time.
2. I'm afraid you'll really harm your children.
3. It will only get worse if you don't stop using violence.
4. I'm here for you when you're ready for change.
5. No one, including you, has the right to hurt another person.

5 Things to Say to A Child Living with a PUV

1. It is not your fault.
2. You can't stop the hurt or the person using violence.
3. Let's talk about how & where you can go to stay safe.
4. I'm here for you if you want to talk or need help.
5. Nobody deserves to be abused.

