





What is Forgiveness

Sin

Repentance
Repentance is a Choice



Forgiveness
Forgiveness is a Choice

Healing

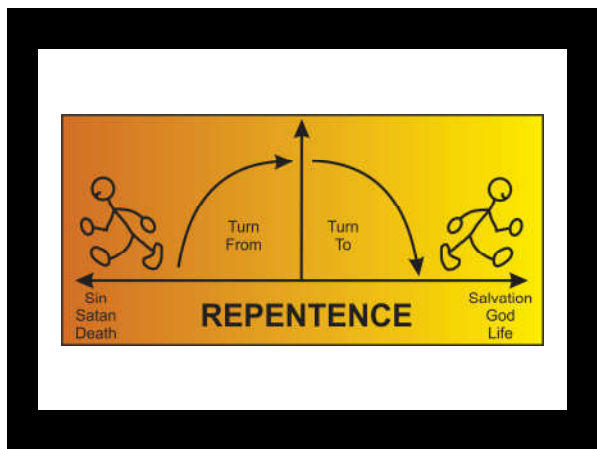


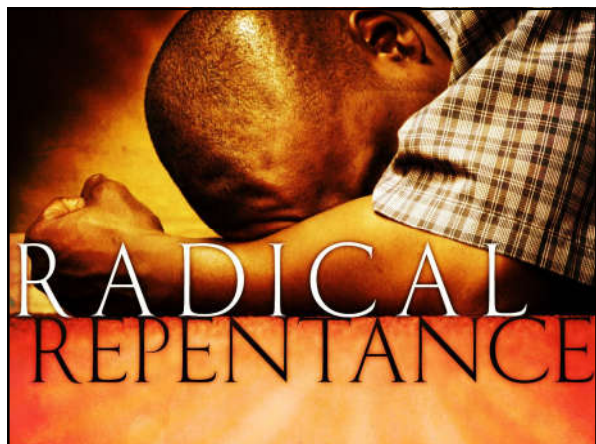
What Is Our Definition of Repentance?














Repentance results in a transformation of the self, and by extension, a transformation in how you view the one you hurt.




Virginia Todd Holeman, *Theology for Better Counseling*, 149-50.

The image features a white background with a large, blue, circular graphic element on the right side. Inside the circle, there are four stylized human figures (two men and two women) standing in a row. The text is positioned to the left of the circle.

I am happy, not because you were made sorry, but because your sorrow led you to repentance. For you became sorrowful as God intended and so were not harmed in any way by us. Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death. See what this godly sorrow has produced in you: what earnestness, what eagerness to clear yourselves, what indignation, what alarm, what longing, what concern, what readiness to see justice done. At every point you have proved yourselves to be innocent in this matter.
2 Corinthians 7:9-12

“Reconciliation—Requires that wrong doers come under the ‘trust microscope’ and remain committed to promises of changed behavior.”
Virginia Todd Holeman, *Theology for Better Counseling*, 149-50.



“If you are offering your gift at the altar and there remember that your brother/sister has something against you, leave your gift in front of the altar. Go first and be reconciled to them, then come and offer your gift.”
Matt 5:23

